





## General Athletic Dept. Policies & Procedures:

In addition to the policies and procedures included below, each team may publish a particular set of rules and/or policies that are an addendum to and governed under the Athletic department.

## CIF Guidelines:

In accordance with the state of California and the California Interscholastic Federation, the following are provisions for participating in an after-school sports team:

- A student must not reach their 19th birthday on/or before June 14th of the previous year.
- A student must have attended high school for no more than eight (8) semesters after completing the eighth grade.

## Academic Eligibility:



# Parent / Coach Communication Plan:

## In-Season Team /Parent Meetings

Each Varsity Head Coach will organize a team meeting at the beginning of the season to review certain information with parents of team members. Parents of those players selected are required to attend this important informational meeting. It is our hope that this meeting will be a vehicle for effective, open, and appropriate communication between the coach, players and parents.

Communication you should expect from your daughter's or son's coach:

1. Philosophy of the coach
2. Expectations the coach has for your student-athlete
3. Locations and times of all practices and contests
4. Team requirements, i.e., practices, special equipment, out of season conditioning
5. Proper behavior by student-athletes on bus trips and estimated time for return from games
6. Procedures to be followed should your student-athlete be injured during participation
7. Discipline that may result in the denial of your student-athlete's participation

It is very difficult to accept your student-athlete not playing as much as you may hope. Coaches are professionals. They make judgment decisions based on what they believe to be the best for all student-athletes involved. As you have seen from the list above, certain things can be, and should be, discussed with your student-athlete's coach. Other things, such as those listed below, must be left to the



## Fundraising:

All campus fundraising must be done through approved Summit High School ASB clubs only. The law expressly forbids fundraising for outside organizations or for individual profit; violators will be disciplined. Only fundraising activities with Summit ASB approval are allowed. If a student violates these terms, THE ITEMS AND MONEY WILL BE CONFISCATED AND PARENTS WILL BE NOTIFIED.

## Participation in multiple sports:

The Summit High School Athletic department seeks to work cooperatively with students to allow them to pursue interests in as many areas as possible during their time at Summit. All athletes who compete for a Summit team are allowed to try out for a team in the next season of sport upon the conclusion of the previous season. Coaches and teachers will try to work cooperatively with families to allow participation in multiple activities (dance, theatre, band, etc.) when possible. However, coaches have the ability to set the minimum requirements for team membership.

## Practice Sessions:

A coach may, at their discretion, determine whether practice sessions are open or closed to parents/spectators. Oftentimes the presence of parents puts undue pressure on student-athletes and serves as a distraction to the coaching process. There are no Sunday practice sessions.

## Sportsmanship:

Beyond the guidelines and regulations that Summit High school is obligated to follow, it is the hope that everyone associated with our Athletic programs recognize the purpose of our sportsmanship policies.

Anyone associated with an Athletic contest has a responsibility to uphold the highest standards of sportsmanship before, during, and after a contest. Sportsmanship includes, but is not limited to, the following:

- Show respect for teammates, opponents, and officials.
- Treat opponents as guests in your facility.
- Accept both victory and defeat with grace and dignity.
- Refrain from heckling, jeering, or using profane language.
- Be positive in words and actions.

Parents are the primary role models for their children. It is critical that parents set the best example of sportsmanship, particularly when they are spectators at an athletic contest.

## Spectator Guidelines:

Parents and spectators at Summit High School Athletic contests are expected to demonstrate good sportsmanship at all times. The administration and staff at Summit High School will hold all spectators at our A



## Quitting a Team:

To emphasize the importance and great degree of commitment asked of the Summit athlete: any student-athlete who quits a team once they have been selected for that team, may not join any other Summit team until the conclusion of that first sports season. This rule may be waived at the sole discretion of Athletic administration.

## Medical Procedures:

Summit has an on staff athletic trainer to assist student-athletes during practice or contests. If a student-athlete suffers an injury during practice or a contest, the onsite medical personnel will respond first. If the trainer is not available, the on-site coach will assess the extent of the injury and call the student-athlete's parents (non-serious injury) and/or 911 for emergency medical treatment.

## Medical Clearance - Physical Exam Form:

Students wishing to participate in an interscholastic sport must show evidence of having a physical examination given by a licensed California physician that covers their entire season of sport. Summit High School hosts on-site physicals several times a year that are good for one calendar year. There is a nominal fee for the examination. Student-athletes who miss the examinations must arrange for one on their own.

## Written Medical Release:

All athletes that have seen a doctor for any reason require a written medical release in order to participate in practice or contests.

No athletes under the care of a doctor for an infected wound may participate in practices or contests without a written medical release from their attending physician.

## Athletic Participation | Registration & Consent Form:

No student-athletes may tryout, practice or compete for a team or with a team until their Athletic Clearance Packet has been completed electronically at <https://www.athleticclearance.com/>

## Outside Competition:

According to CIF rules, no student-athlete may participate on a non-school team of the same sport during the same season. This includes leagues, tournaments, charity games, all-star games, 3-3 tournaments, college classes, etc. Since participation in a non-school event of the same sport will render an athlete ineligible and force.

